PSY450H1 S
History of Psychology
Winter 2024 Syllabus

Course Meetings

<table>
<thead>
<tr>
<th>Section</th>
<th>Day &amp; Time</th>
<th>Delivery Mode &amp; Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEC5101</td>
<td>Monday, 6:00 PM - 9:00 PM</td>
<td>In Person: WO 35</td>
</tr>
</tbody>
</table>

Refer to ACORN for the most up-to-date information about the location of the course meetings.

Course Contacts

Course Website: [https://q.utoronto.ca/courses/339330](https://q.utoronto.ca/courses/339330)

Instructor: Carolyn (Guay) Davison
Email: carolyn.guay@mail.utoronto.ca
Office Hours and Location: By appointment, please book using this link: [https://calendly.com/carolyn-davison](https://calendly.com/carolyn-davison)

Teaching Assistant: Sabrina Valenzano
Email: s.valenzano@mail.utoronto.ca
Office Hours and Location: By appointment: email to book

Course Overview

This lecture course discusses the philosophical predecessors and early development of modern psychology, schools of thought, and shifts in areas of theory and research, as well as history and philosophy of science, in general.

First and foremost, you can think of this as a methods course. Important events, trends, and figures in psychology’s history will be our subject matter, but a real emphasis will be placed on learning and practicing different conceptual approaches that folks both inside and outside of the field of psychology have used to investigate and interpret its history.

Since the field of psychology’s official inception, historical narratives have been used to depict the discipline’s past, define its present, and predict its future. However, historical investigations themselves can often complicate and undermine these very narratives. A key theme in this course is the indeterminate relationship psychology has with its own history and the resulting conflicts within the history of psychology. We will ask what the goal of the subdiscipline should be and how it can be practiced most responsibly. We'll explore these questions by studying both
narratives of what happened in psychology’s development as well as the work involved in making and evaluating these narratives.

This course is also an opportunity to practice engaging with interdisciplinary critiques of psychology. By the end of this course, you should not only have a more holistic understanding of the field’s development, but also some sense of the different ways the field has been perceived, studied, and critiqued by psychologists, historians, and others.

Course Learning Outcomes

Course Objectives

- Develop an understanding of how psychology emerged and developed as a field as well as how ‘history of psychology’ as its own discipline has developed alongside it.
- Critically evaluate primary and secondary sources to understand how psychology has influenced and been influenced by society, particularly with regard to race, gender, sexuality, religion, age, and ability.
- Place current theories, trends, and concepts in psychology within the context of their historical antecedents.

Prerequisites: 1.0 PSY credit at the 200-level
Corequisites: None
Exclusions: PSYC85H3
Recommended Preparation: None
Credit Value: 0.5

Course Materials

Course Readings

Readings will be a combination of primary and secondary sources, all of which will be available through Quercus (see page 10-16 of this document). The reading list is divided into required readings and “supplemental readings”. Both the lectures and the exam will assume you have done the required readings. Supplemental readings are completely optional. They are intended to expand on the lecture material and/or provide further examples of primary and secondary sources in the history of psychology. You may choose to submit reading responses to any required or supplemental reading listed here.

Marking Scheme

<table>
<thead>
<tr>
<th>Assessment</th>
<th>Percent</th>
<th>Details</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intro Course Survey</td>
<td>1%</td>
<td></td>
<td>2024-01-15</td>
</tr>
<tr>
<td>Midterm Reflection</td>
<td>3%</td>
<td></td>
<td>2024-02-26</td>
</tr>
<tr>
<td>Final Reflection</td>
<td>4%</td>
<td></td>
<td>No Specific Date</td>
</tr>
<tr>
<td>Assessment</td>
<td>Percent</td>
<td>Details</td>
<td>Due Date</td>
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<td>-----------------------------</td>
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<td>-----------------------------------------------</td>
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<tr>
<td>Term Paper Topic Proposal</td>
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<td>2024-02-12</td>
<td></td>
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<tr>
<td>Term Paper Outline</td>
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<td>2024-03-04</td>
<td></td>
</tr>
<tr>
<td>Term Paper Cover Letter</td>
<td>2%</td>
<td>2024-04-05</td>
<td></td>
</tr>
<tr>
<td>Term Paper Final</td>
<td>25%</td>
<td>2024-04-05</td>
<td></td>
</tr>
<tr>
<td>Online Final Exam</td>
<td>20%</td>
<td>Final Exam Period</td>
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**Late Assessment Submissions Policy**

All reflections, responses, assignments, and exams should be turned in via Quercus; refer to the online class schedule for the dates on which these are due. Unless otherwise stated, they must be submitted by 5:59pm (before the start of class). Unless you notify me in advance about extenuating circumstances that will prevent you from submitting your assignments on time, I will lower your grade for the assignment by 5% per day. • In general, the more notice you give, the better; however, an e-mail mere minutes before the deadline will suffice. My job is not to be the arbiter of timeliness, but to enable your success. Extensions often offer their own set of challenges, especially since the course will continue unabated, and thus we will need to be conscientious in their use. Regardless, I will always take your individual situation into account when evaluating and responding to your work. • Requests for extensions on reflections or assignments will never count against you or your grade. This is not a trap. I promise. If you need one, simply ask for one, and I won’t judge you. If timeliness becomes a systemic problem, we will have to talk about it, but only in order to help solve it.
## Course Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Lecture Topic</th>
<th>Assignments (due at start of class, unless otherwise specified)</th>
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</thead>
<tbody>
<tr>
<td>Jan 8</td>
<td>Lecture 1: Course Introduction and Syllabus</td>
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<tr>
<td>Jan 15</td>
<td>Lecture 2: The History of the History of Psychology, Perspectives in the History of Psychology</td>
<td>Course survey, Reading response(s)</td>
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<tr>
<td>Jan 22</td>
<td>Lecture 3: Structuralism, The “New” Psychology, and the Origins of the Psychological Experiment</td>
<td>Reading response(s)</td>
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<tr>
<td>Jan 29</td>
<td>Lecture 4: Functionalism, Testing, and Eugenics</td>
<td>Reading response(s)</td>
</tr>
<tr>
<td>Feb 5</td>
<td>Lecture 5: Depth Psychology, Psychoanalysis, and Psychodynamic Therapies</td>
<td>Reading response(s)</td>
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<tr>
<td>Feb 12</td>
<td>Lecture 6: Behaviourism</td>
<td>Paper topic proposal, Reading response(s)</td>
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<tr>
<td>Feb 19</td>
<td>---- Reading Week: No class ----</td>
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<tr>
<td>Feb 26</td>
<td>Lecture 7: Treatment of Psychopathology</td>
<td>Midterm reflection, Reading response(s)</td>
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<tr>
<td>Mar 4</td>
<td>Lecture 8: Gestalt Psychology and Humanistic Therapies</td>
<td>Paper outline, Reading response(s)</td>
</tr>
<tr>
<td>Mar 11</td>
<td>Lecture 9: Cold War Psychology</td>
<td>Reading response(s)</td>
</tr>
<tr>
<td>Date</td>
<td>Lecture Topic</td>
<td>Assignment</td>
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<tr>
<td>Mar 18</td>
<td>Lecture 10: Social Cultural Perspectives</td>
<td>Reading response(s)</td>
</tr>
<tr>
<td>Mar 25</td>
<td>Lecture 11: The Cognitive Turn and “Scientific Revolutions”</td>
<td>Reading response(s)</td>
</tr>
<tr>
<td>April 1</td>
<td>Lecture 12: Current Issues and Course Recap</td>
<td>Reading response(s)</td>
</tr>
<tr>
<td>April 5</td>
<td></td>
<td>Final paper</td>
</tr>
<tr>
<td>TBD</td>
<td></td>
<td>Online exam</td>
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<tr>
<td></td>
<td></td>
<td>Final reflection</td>
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</tbody>
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**Policies & Statements**

**Religious Accommodations**

As a student at the University of Toronto, you are part of a diverse community that welcomes and includes students and faculty from a wide range of cultural and religious traditions. For my part, I will make every reasonable effort to avoid scheduling tests, examinations, or other compulsory activities on religious holy days not captured by statutory holidays. Further to University Policy, if you anticipate being absent from class or missing a major course activity (such as a test or in-class assignment) due to a religious observance, please let me know as early in the course as possible, and with sufficient notice (at least two to three weeks), so that we can work together to make alternate arrangements.

**Students with Disabilities or Accommodation Requirements**

Students with diverse learning styles and needs are welcome in this course. If you have an acute or ongoing disability issue or accommodation need, you should register with Accessibility Services (AS) at the beginning of the academic year by visiting https://studentlife.utoronto.ca/department/accessibility-services/. Without registration, you will not be able to verify your situation with your instructors, and instructors will not be advised about your accommodation needs. AS will assess your situation, develop an accommodation plan with you, and support you in requesting accommodation for your course work. Remember that the process of accommodation is private: AS will not share details of your needs or condition with any instructor, and your instructors will not reveal that you are registered with AS.

**Academic Integrity**

All students, faculty and staff are expected to follow the University’s guidelines and policies on academic integrity. For students, this means following the standards of academic honesty when writing assignments, collaborating with fellow students, and writing tests and exams. Ensure that the work you submit for grading represents your own honest efforts. Plagiarism—
representing someone else’s work as your own or submitting work that you have previously submitted for marks in another class or program—is a serious offence that can result in sanctions. Speak to me or your TA for advice on anything that you find unclear. To learn more about how to cite and use source material appropriately and for other writing support, see the U of T writing support website at http://www.writing.utoronto.ca. Consult the Code of Behaviour on Academic Matters for a complete outline of the University’s policy and expectations. For more information, please see https://www.artsci.utoronto.ca/current/academicadvising-and-support/student-academicintegrity and http://academicintegrity.utoronto.ca.

Appropriate uses of AI are limited to proofreading/feedback on your own writing, generating or considering counterarguments, identifying unsubstantiated claims, and cutting down word count. Any use of AI for your term paper must be disclosed in your cover letter. Any use AI for other purposes, including but not limited to writing the final exam, generating drafts or an initial outline of your paper, generating ideas for your thesis, or finding sources is considered an academic offence.

**Specific Medical Circumstances**

*If you are sick with something that may be contagious, please do not come to class.* In this era of in-person pandemic learning, we are asked to put our trust and our health in the hands of our peers and colleagues. With the very real, long-term consequences that can arise from viral infections, including COVID-19, “toughing it out” to attend class despite a contagious illness is dangerous for both you and your fellow students, and will not be tolerated. Take care of yourselves. Take care of each other.

You do not need to submit verification for missed classes, but in the event that you are unable to write an exam or submit an assignment for medical reasons, you can submit a Verification of Illness (please see http://www.illnessverification.utoronto.ca), or the Absence Declaration Tool for A&S students (please see https://www.artsci.utoronto.ca/absence), which applies for both medical and non-medical circumstances. The declaration is available on ACORN under the Profile and Settings menu. Students should submit this within one week of missing a test/quiz, and for anything else that you miss during the term that requires you to be present or to complete an assessment.

If an absence extends beyond 7 consecutive days, or if you have a non-medical personal situation preventing you from completing your academic work, you should connect with your College Registrar. They can provide advice and assistance reaching out to instructors on your behalf. If you get a concussion, break your hand, or suffer some other acute injury, you should register with Accessibility Services as soon as possible.

**Accommodation for Personal Reasons**

There may be times when you are unable to complete course work on time due to nonmedical reasons. If you have concerns, speak to me or to an advisor in your College Registrar’s office; they can help you to decide if you want to request an extension or accommodation. They may be able to provide you with a College Registrar’s letter of support to give to your instructors, and importantly, connect you with other resources on campus for help with your situation.
Quercus Info

This course uses the University’s learning management system, Quercus, to post important information. This includes posting readings and other materials required to complete class activities and course assignments, as well as sharing important announcements and updates. The site is dynamic and new information and resources will be posted regularly as we move through the term, so please make it a habit to log in to the site on a regular basis. To access the course website, go to the U of T Quercus log-in page at https://q.utoronto.ca. Once you have logged in to Quercus using your UTORid and password, you should see the link or "card" for PSY450H1 S LEC5101. You may need to scroll through other cards to find this. Click on the PSY450H1 S LEC5101 link to open our course area, view the latest announcements, and access your course resources. There are Quercus help guides for students that you can access by clicking on the "?” icon in the left side column.

SPECIAL NOTE ABOUT GRADES POSTED ONLINE: Please also note that any grades posted are for your information only, so you can view and track your progress through the course. No grades are considered official, including any posted in Quercus at any point in the term, until they have been formally approved and posted on ACORN at the end of the course. Please contact me as soon as possible if you think there is an error in any grade posted on Quercus.

Re-marking Policy - Timeline and Protocol

My philosophy is that grades can serve a purpose in that they give students an idea of where their performance stands relative to their peers and to the expectations for the course. In general, my expectations are high, but I don’t like to let grades become punitive. The research is not ambiguous: an over-reliance on grades rarely leads to positive learning experiences, long-term retention of material, or good mental health. As such, I work in many opportunities in my courses for students to earn grades based on the time and effort they put in to engaging with the material. This gives students more control over their own experience in the course and reduces the need to evaluate learning based on single snapshots of performance under high-pressure situations (which, again, are often neither reflective of students’ understanding of the material nor are they particularly helpful as a tool for retaining information in the long-term.

If you are confused or concerned about a grade you receive on any assignment in this course, please first read the comments and reflect on the rubric provided, before reaching out to your TA. I recommend waiting 24 hours after you receive the grade before you email your TA about your concerns. This will give you time to articulate what your specific questions are and will make it easier to communicate them effectively to your TA. If you are still not satisfied after discussing your grade and feedback with your TA, you can request a formal regrade from the instructor. This request must be made within two weeks after the grades are posted. Please note that regrades from the instructor may result in a score that is higher, lower, or the same as your original grade, and this grade will be final.

Course Materials, including lecture notes

Course materials are provided for the exclusive use of enrolled students. These materials should not be reposted, shared, put in the public domain, or otherwise distributed without the explicit permission of the instructor. These materials belong to your instructor, the University, and/or other sources depending on the specific facts of each situation and are protected by
copyright. Students violating these policies will be subject to disciplinary actions under the Code of Student Conduct.

**Equity, Diversity and Inclusion**

The University of Toronto is committed to equity, human rights and respect for diversity. All members of the learning environment in this course should strive to create an atmosphere of mutual respect where all members of our community can express themselves, engage with each other, and respect one another’s differences. U of T does not condone discrimination or harassment against any persons or communities. In this, like so many courses, the diversity of perspectives and experiences that members of the learning community bring enrich the experience for everyone, and we must all commit to creating an environment where everyone feels safe, comfortable, and welcome.

**Mental Health and Well-being**

As a student, you may experience challenges that can interfere with learning such as strained relationships, increased anxiety, depression, substance use, feeling down, difficulty concentrating, lack of motivation, financial concerns, family worries, interpersonal or sexual violence, difficulty with eating or sleeping, grief, and so forth. These factors may affect your academic performance and/or reduce your ability to participate fully in daily activities. Everyone feels stressed now and then—it is a normal part of university life, but that doesn’t mean you should tough it out without support. Some days are better than others, and there is no wrong time to reach out. There are resources for every situation and every level of stress. An important part of the University experience is learning how and when to ask for help. Below are some of the resources you have available to you:

- [http://studentlife.utoronto.ca/](http://studentlife.utoronto.ca/)
- [https://mentalhealth.utoronto.ca/](https://mentalhealth.utoronto.ca/)
- [https://www.svpscentre.utoronto.ca/](https://www.svpscentre.utoronto.ca/)

While I am not professionally trained to provide any kind of therapeutic services, know that I stand with you in solidarity and am ready to help support you in whatever way I can.

**Online Communication**

Instructors are strongly advised to require students use their mail.utoronto.ca email addresses for all course-related communications, and you are encouraged to check this address regularly. University of Toronto email accounts are more secure, and are also governed by the institution's codes of conduct, meaning that the University has recourse to address any inappropriate communications (e.g. racist, aggressive, threatening, harassing, etc.) between students and other students as well as with the instructor. Additionally, University of Toronto email addresses are less likely to be redirected to spam. In addition to email, please be sure to check Quercus regularly for announcements.

**Cell Phones and Laptop Usage**

Technology can support student learning, but it can also become a distraction. Research indicates that multi-tasking (texting or going online) during class time can have a negative
impact on learning. However, I also understand that there may be times when you need to monitor your phone/email or even just take a minute to check out during class. I get it. You’re adults, and I trust you to make the right decisions for your learning and mental health. Out of respect for your classmates, please refrain from displaying any material on a device which may be distracting or offensive to your fellow students.

That said, laptops/tablets/phones are an incredible resource and I believe they do have a place in the modern university environment. Therefore, use of technological devices is allowed (and encouraged!) for legitimate classroom purposes, such as taking notes, downloading course information from Quercus, participating in interactive lecture components, looking up relevant information, or working on in-class exercises.

**Participation + Conduct in Class**

Interdisciplinarity is the heart of this course. Everyone in the room comes from a different background and brings a unique perspective to the discussion. There will be some readings or assignments that feel more familiar to you, and some that stretch your comfort zone. Let them. This discomfort is where the most learning will happen. I hope to build a classroom culture that supports you in pushing your boundaries and allows you to support others in pushing theirs.

On a related note… don’t be a poop. If you’ve come across ideas, concepts, or skills in other courses or areas of your life, please use this foundation to help your peers who haven’t. This isn’t a time to perform competence, it’s an opportunity to take on the role of teacher and share what you know. Again, we all come to this class with our own sets of baggage and areas of expertise: bring to these moments the patience and bravery your peers will show you when the roles are reversed.

In order to meet everyone’s educational needs, the classroom must be a space in which students can feel safe to experiment: to think aloud, even to be spectacularly wrong, but nonetheless to grow together. All positions and perspectives that do not deny the humanity of others will be treated equitably. Accordingly, I will not tolerate any kind of discrimination against members of historically marginalized groups, nor will I condone personal attacks. While civility may occasionally be overrated, in the classroom it is essential. Thus, while I ask that everyone avoid tone policing, I concurrently also request that we all do our best to treat each other as though everyone is acting in good faith. As a necessary corollary, please make sure to act in good faith. Malicious trolling, gaslighting, and the like will not be tolerated.

**Course Materials, Expanded**

**Course Readings**

Readings will be a combination of primary and secondary sources, all of which will be available through Quercus. The reading list is divided into required readings and “supplemental readings”. Both the lectures and the exam will assume you have done the required readings. Supplemental readings are completely optional. They are intended to expand on the lecture material and/or
provide further examples of primary and secondary sources in the history of psychology. You may choose to submit reading responses to any required or supplemental reading listed here.

**CW:** Wherever possible, I have included content warnings for readings that deal with sensitive material. Some of the ways writers discussed different identities may be shocking or upsetting by modern standards. I have tried to limit the more inflammatory of these readings to supplemental options, but if you find yourself unable to engage with a required reading due to sensitive subject matter, please let me know.

**Lecture 1 – Intro & Syllabus**
No Readings

**Lecture 2 – The History of the History of Psychology**

*Required:*


*Supplemental:*


**Lecture 3 – Structuralism, The “New” Psychology and the Origins of the Psychological Experiment**

*Required:*


**Supplemental:**

Baldwin, J. (1892). The psychological laboratory in the University of Toronto. *Science, 19* (no. 475), 143-144.


**Lecture 4 – Functionalism, Testing, & Eugenics**

**Required:**


**Supplemental:**


[cw: sexism, racism, ableism]


**Lecture 5 – Depth Psychology, Psychoanalysis, and Psychodynamic Therapies**

*Required:*


*Supplemental:*


**Lecture 6 – Behaviourism**
Required:


[cw: racism]

Supplemental:


Lecture 7 – Treatment of Psychopathology

Required:


Supplemental:


https://doi.org/10.3171/2017.6.FOCUS17257

Lecture 8 – Gestalt Psychology and Humanistic Therapies

Required:


Supplemental:


Lecture 9 – Cold War Psychology

Required:


Supplemental:


Lecture 10 – Social and Cultural Perspectives

Required:


**Supplemental:**


**Lecture 11 – The Cognitive Turn and “Scientific Revolutions”**

**Required:**


**Supplemental:**


**Lecture 12 – Current Issues and Course Recap**

**Required:**


*Supplemental:*


