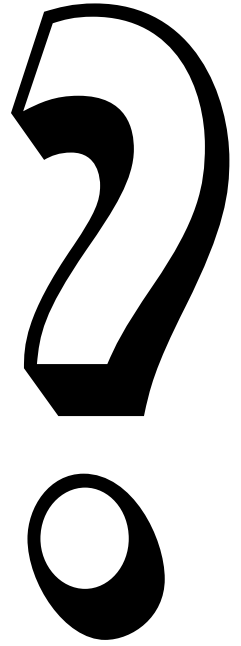


What could I do with a degree in psychology



The good news is half of all vacancies for recent graduates are open to those with a degree in any discipline including yours! The remaining careers require specific training or education — some of which you are already qualified for. Be prepared; you will soon find that no degree on its own is enough to get you a job.

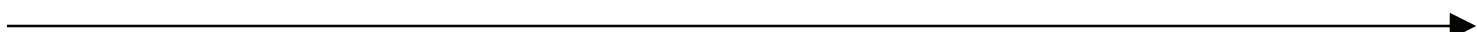
Each employer will be seeking different sets of skills and some of them will come from your degree. You will need to actively develop any missing required skills through work, volunteer, and extra-curricular experiences to gain a competitive advantage. Start by using this guide to help you brainstorm potential careers of interest, and continue by researching specific occupations in the Career Resource Library. Career profiles with a check mark (✓) can be viewed using Career Cruising and Career Descriptions binders, both available at the Career Centre.

What are my direct career options?

<ul style="list-style-type: none"> • Case worker ✓ Community worker • Employment counsellor ✓ Family or marriage counsellor 	<ul style="list-style-type: none"> • Personnel assistant ✓ Psychiatrist ✓ Psychologist • Research assistant 	<ul style="list-style-type: none"> ✓ Rehabilitation counsellor ✓ Social worker ✓ Therapist • Women's counsellor
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What are my alternative career options?

<p>Social sciences, education, and religion</p>	<ul style="list-style-type: none"> ✓ Career counsellor ✓ Criminologist • Daycare centre director ✓ Foreign service 	<ul style="list-style-type: none"> ✓ Mediator ✓ Probation or parole officer ✓ Professor ✓ Training and development
<p>Health</p>	<ul style="list-style-type: none"> • Biological psychologist • Clinical psychologist • Health service administrator ✓ Home care worker 	<ul style="list-style-type: none"> ✓ Mental health nurse ✓ Naturopath ✓ Neurologist • Osteopath
<p>Art, culture, recreation, and sports</p>	<ul style="list-style-type: none"> ✓ Critic ✓ Editor 	<ul style="list-style-type: none"> ✓ Fundraiser ✓ Media and communication
<p>Business, finance, and administration</p>	<ul style="list-style-type: none"> ✓ Advertising or marketing executive ✓ Human resources professional 	<ul style="list-style-type: none"> ✓ Labour relations ✓ Public relations
<p>Natural and applied sciences</p>	<ul style="list-style-type: none"> ✓ Occupational health and safety ✓ Urban planner 	
<p>Sales and services</p>	<ul style="list-style-type: none"> ✓ Auctioneer ✓ Funeral director 	
<p>Trades, apprenticeships, and primary industry</p>	<ul style="list-style-type: none"> • Painter ✓ Purchaser 	



What skills will I develop studying psychology?

Interpersonal skills

- Perceive and understand individuals and their differences
- Exhibit empathy toward others
- Identify and understand the needs of others

Analysis

- Define problems to strategize ideas or solutions
- Evaluate theories and evidence
- Analyze and modify behaviours

Planning and development

- Conceptualize and implement projects
- Develop ideas and theories

Communication

- Influence and persuade individuals or groups
- Present information and ideas clearly and effectively
- Negotiate and mediate conflicts

Where have previous graduates worked?

Consulting

- Accenture

Education

- Toronto District School Board
- University of Toronto

Non-profit

- Anxiety Disorder Association of British Columbia
- Canadian Physicians for AID and Relief
- Canadian Red Cross
- Canadian Psychiatric Research Foundation
- Share the Warmth

Health

- Bloorview Kids Rehab
- Centre for Addiction and Mental Health
- Hospital for Sick Children
- St. Joseph's Health Centre
- Sunnybrook & Women's College Health Services Centre

Social services

- Goodwill Toronto
- Riverdale Immigrant Women's Centre
- Woodgreen Community Centre
- Youth Assisting Youth

Did you know... they were psychology majors?

- Gloria Estefan (singer)
- Herb Brooks (famous hockey coach)
- Jerry Bruckheimer (executive producer)
- John Ritter (actor)
- Jon Stewart (comedian)
- Natalie Portman (actress)
- The Amazing Kreskin (magician)
- Wesley Craven (horror film director)

Where can I find more information?

Books

- *Great Jobs for Psychology Majors* — Julie Degalan and Stephen Lambert
- *Careers for Scientific Types and Others with Inquiring Minds* — Jan Goldberg
- *Career Paths in Psychology* — Robert J. Sternberg

Web links

- Ontario Psychological Association — www.psych.on.ca
- Canadian Psychological Association — www.cpa.ca
- All Psychology Schools — www.allpsychologyschools.com

The Career Resource Library has a collection of over 2,000 print and electronic resources spanning all areas of career development and the job search. Research career options, educational programs, organizations, and industries as well as résumé, interview, and networking strategies. A reference librarian is always available to assist you in finding the best resources to meet your specific needs.